

# europaean Spa

THE NO.1 MAGAZINE

FOR SPA AND WELLNESS



Issue 61 | December/January 2018 | [www.europeanspamagazine.com](http://www.europeanspamagazine.com)



## FRISIAN PERFECTION

Our guide to the ultimate chic in the French capital

## EMBRACING NATURE

Holistic inspiration at Swinton Country Club & Spa, UK

## EXPERT SOFTWARE

The best IT options to improve your spa management

## THE BEST IN SHOWS

Reports from Global Wellness Summit, Spa Life and SpaFest



# Style

● FURNISHINGS ● EQUIPMENT FINISHES ● TECHNOLOGY ● FITNESS

EDITED BY SARAH TODD

Design focus



## Wellness 'permeates the design' of eco village spa

Alberto Apostoli unveils stunning new space in Italy



A striking new spa has opened within the eco-sustainable village of Portopiccolo in Italy's Gulf of Trieste, overlooking the Upper Adriatic.

Spread across 3,600sqm over three levels, the spa offers an 'in-out' swimming pool, a Kneipp path, a hammam, a biosauna and a salt cave as well as a gym, a panoramic spa suite and a range of treatment rooms.

The seaside village also features 454 residences and a harbour with 116 moorings as well as 10 bars and restaurants built in a zero-impact, safe, sustainable and accessible style of architecture.

With a spa concept and final design development managed by Studio Alberto Apostoli, the luxury spa has been built to reflect the dramatic cliffs within which it is embraced, alternating natural stone with glass to offer stunning views

"The design philosophy focused on integrating the external environment with the interior space," explains Alberto Apostoli.

"Specific materials, technologies and internal paths were conceived to emphasise this integration, with the design adapting to the shape of the site. An emphasis on wellness permeates the whole structure, starting from a more collective and choral dimension on the spa's ground floor, and closing increasingly to intimacy and privacy as guests ascend to the floors above."

[www.studioapostoli.com](http://www.studioapostoli.com) | [www.portopiccolosistiana.it](http://www.portopiccolosistiana.it)

### Style suppliers

**Design:** Studio Alberto Apostoli **Spa consultant:** Studio Apostoli & Associati

**Lighting:** Elesi Luce **Flooring:** Florim

**Pool, heat experiences and saunas:** Cemi **Treatment beds:** Lemi

**Fitness equipment:** Technogym **Products:** Baker

